

## FGM Prevention Service



### **NEWHAM ONE STOP SHOP**

**FREE and confidential advice available 24 hours a day,**

**7 days a week**

**Phone: 0845 451 2547**

**Email: [info@aanchal.org.uk](mailto:info@aanchal.org.uk)**

**FGM Prevention and Support Service:**

**Telephone 0203 384 943:**

**Email: [newhamfgmsupport@manorgardenscentre.org](mailto:newhamfgmsupport@manorgardenscentre.org):**

**Website: [www.manorgardenscentre.org](http://www.manorgardenscentre.org)**

## Newham One Stop Shop

The London Borough of Newham is committed to increase awareness of Female Genital Mutilation (FGM) among professionals and the communities that practice FGM to increase reporting and preventing FGM. The Service serves as one single point of contact for Domestic and Sexual Violence support services in Newham.

FGM is recognized internationally as violation of the human rights of women and girls.

Female genital mutilation or FGM (sometimes referred to as female circumcision, cutting or sunna) refers to all procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons (2014 NHS).

FGM can have detrimental effects on the physical and emotional health and development of girls and women and in some instances can lead to death.

Some of these consequences are: infections, chronic pain, cysts, abscesses, fertility and child birth problems and even death in some cases. In addition FGM survivors can suffer severe psychological trauma and depression.

FGM is not a religious requirement or obligation. FGM has no link to Islam and is neither a requirement nor a Sunna in Islam. FGM is not condone by Christian teachings in the Bible.

**FGM Prevention and Support Service:**

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## What can you do to help to stop female genital mutilation (FGM)?

Treat FGM as a Child Abuse – FGM is a severe form of violence against women and girls.

Empower community members through awareness, education to ensure prevention and protection of children at risk of FGM.

Train professionals on safeguard and supporting women affected and girls at risk.

**Community  
Volunteers Welcome  
call us today 0203 384  
9413**

**Empowerment  
Sessions: Contact us  
today if you wish to  
join the groups 0203  
384 9413**

## Our Service Offers

- Specialist FGM training for you.
- Hold workshops, awareness sessions to both professionals and communities.
- One to One support, casework and advocacy and empowerment groups to women and girls affected by FGM.
- Raising awareness through coordinated campaigns about the ways to access our One Stop Shop support.

**Should you wish to arrange an FGM awareness session for your community group or you are interested in becoming a community champion contact Alima on 0203 384 9413 or email [alima@manorgardens.org](mailto:alima@manorgardens.org)**

**Do get in touch to book FGM training for your staff at email: Rita at [rita@manorgardenscentre.org](mailto:rita@manorgardenscentre.org)**

**Useful Information:**

- 1. NSPCC FGM Helpline 0800 028 3550 or email [fgmhelp@nspcc.org.uk](mailto:fgmhelp@nspcc.org.uk) (free and anonymous)**
- 2. Newham One Stop Shop – 0845 451 2547 (24 hours)**
- 3. If you are concerned about someone under 18 years old at risk of FGM in Newham contact Children’s Triage Team on 0203 373 4600**

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**Website: [www.manorgardenscentre.org](http://www.manorgardenscentre.org)**