



Curwen Primary School

Together Everyone Achieves More

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Curwen's Sportsround 2017

Welcome to Curwen's Sport round New Year edition!

Well 2016 was another fantastic year for sports here at Curwen with lots of exciting opportunities that came our way. Our children danced the night away with their popping and locking moves, did a meet and greet with athletes from Team GB and not only this but they also got to go to the London Olympic Stadium and sing in front of thousands of people!

For 2017, we have now introduced the Park run within our school, so please have a read about that in our booklet.

Thank you and enjoy!

The PE Team.



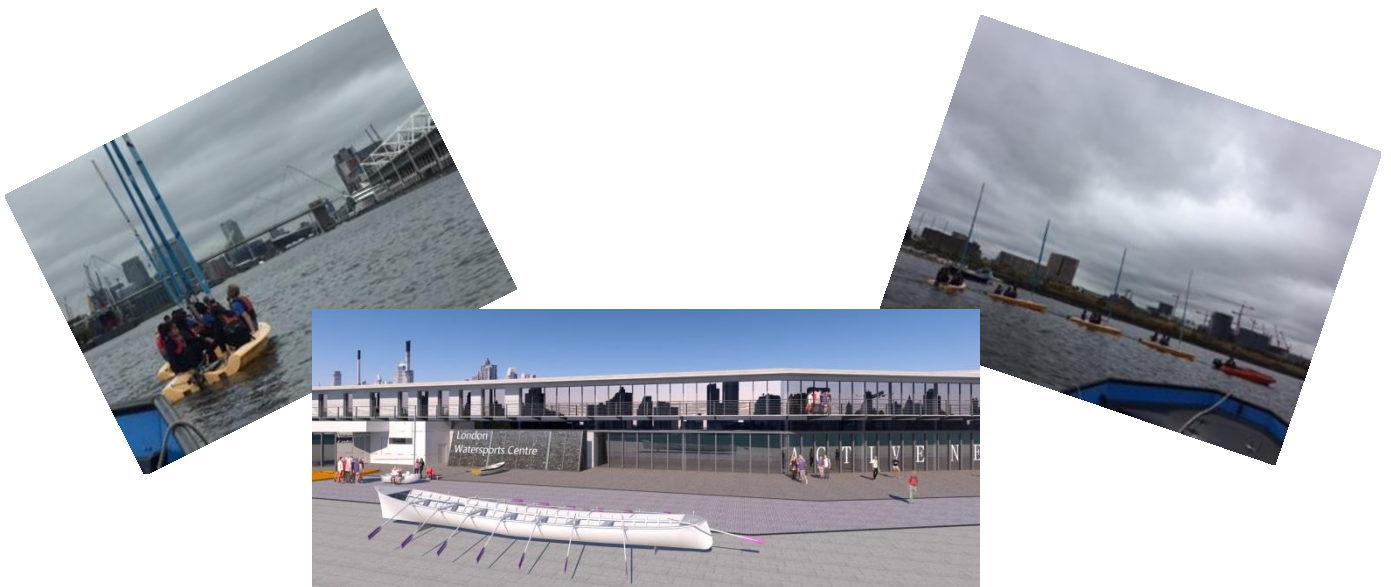
Watersports with year 5

5SA were able to take the opportunity to attend the watersport activities this year over at London Regatta Centre. This involved two activities, Sailing and Canoeing. The class learned about the theory and practical of how to sail and Canoe.

They then demonstrated just how good they were by sailing independently to different markers on the water.

5SA were also able to sail in the bigger boats that are used when the weather is slightly too windy for the dinghy boats. Not only was this but 5SA took a ride in the speed boat which they all very much enjoyed!

Watersports is due to start back after February half term so please be aware of the forms and letters that will go out in January.



Stubbers with year 4

Yet again, it was that time of year where year 4 went to Stubbers to take part in some outdoor adventures! The weather didn't deter them from jumping into the water or building their raft to go out on the river.

The children got to take part in Raft Building, Orienteering, Canoeing and Team Building Activities.

It was fantastic to see so many challenge themselves in an environment that they have not witnessed before.

Mr Belcher, Miss Stuart and Miss Tori decided to jump into the lake whilst Miss Tully watched in amusement! All the children thought it was hilarious.

In year 5 they will go to Lee Valley for their first residential overnight stay!



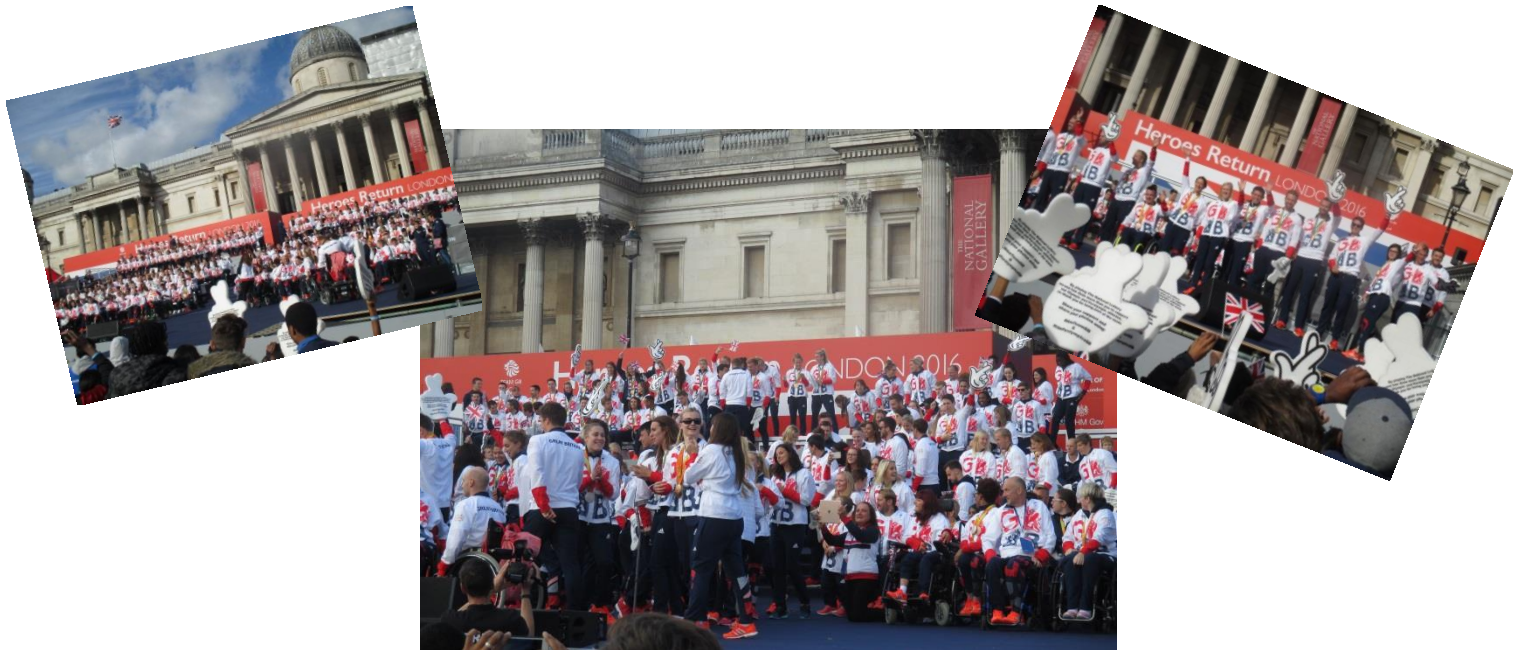
Team GB home coming celeb

A fantastic opportunity came about for our Curwen students this term. We were able to take a trip to Trafalgar Square and watch Team GB for their home coming celebration after the Rio Olympics.

The students got to meet and greet the athletes with a few talking a selfie with them!

For the day, we were VIP guests and witnessed an amazing event in London.

What an amazing day to be a part of! Can we go back?!



Rugby Parade – 4 Nations

Yet another fantastic opportunity came our way this term. In year 6, the children got to participate in Rugby League for 6 weeks.

As our school continued with the lessons in PE for Rugby League, Curwen were invited to join a Rugby competition over at the London Olympic Stadium. Not only this, but 45 children from year 6 formed part of a 300 man choir, singing to a crowd of thousands at the stadium.

After the children had sung in the choir and competed in their matches, all of the children were able to take part in a lap of honour, holding the flags of the countries around the Olympic Stadium.

Furthermore, everyone received two tickets to watch England vs Australia in a testifying match which the children thought was amazing. The students were superb ambassadors for the school and many comments were made about their outstanding behaviour. Well done!

This was a once in a lifetime opportunity, and we are so thankful that Curwen got to be a part of such a fantastic day.



Girl's football week

In autumn term, all girls throughout Curwen have had the opportunity to participate in football for 'Girls Football Week'. They beat the goalie through penalty shootouts, challenged the teachers to a kick up challenge, and ended with a game of football against the almighty teachers! The girls also had a chance to design their own football kit and wear their own football shirt to the match.

During the game, Miss Crosland scored a scorcher from the edge of penalty box. Miss Sandu brought her A game for defending and wasn't letting anyone get past her! Although Miss Temple was injured in the second half, Miss Mehza and Miss Kurup powered on through! It was amazing to see the teachers getting involved and showing the girls that anyone can play football.

The boys were great ambassadors for the game as they stepped up to be goal keepers and referees for the game. It was great to see everyone working together and playing the sport that they all enjoy.

Our very own paparazzi from Ms Bryant's journalism club interviewed the players and videoed them demonstrating their skills on the pitch. Some of the children stated that, 'Lucy Bronze was their role model', they 'love playing football with my friends' and enjoyed it when the teachers got involved."

It was an amazing week for everyone here at Curwen and showing off their passion for Football. Well done to everyone who took part!



Boys and Girls football matches

Throughout 2016 both boys and girls have participated in a number of football matches with all teams being successful!

In the new year we are set to face Plaistow Primary School so I am hoping football boots are at the ready!

It's great to see so many getting involved in football and also playing outside of school.

Team sheets are now displayed in the hall on our new TEAM board. If you are chosen, please make sure you check the board and receive a letter either from Miss Tully or Mr Belcher.

Just a reminder that all children who participate in football will need to be wearing shinpads!



Table Tennis competition

On Monday 14th November, 12 pupils from Curwen attended the Cumberland SSP Table Tennis Team Competition at Rokeby School. The 12 children were divided into three teams of four. Curwen pupils put on a magnificent performance, winning all of their matches by huge score lines. All three teams finished top of their respective qualifying groups. As result of this Curwen's Team A and Team B had to meet in the Semi Final. Team C played against Ellen Wilkinson a match they won convincingly to reach the final where they played Curwen's Team A. In a tense and closely battled final Team C came out as the winners with a 3 -1 win over their Team B. Curwen are immensely proud of all of the pupils that took part, not only did we win but we were also runners up and joint 3rd place. Congratulations to Bailey, Mohammed, Ryan, Shanae, Tofha, Hassan, Sarah, Nia, Samir, Youri, Christopher, Aisha.



Curwen's big Dance outcome

On Thursday 1st and Friday 2nd December, children from Curwen Primary School performed in a showcase of dances to their teachers, peers, parents and carers. This is the second year that they have been able to show off their dance moves to everyone. 5 groups performed a various range of dance routines, from contemporary to street dance. First up were year 4 with "Bring it!" and what a fantastic performance this was. They were popping and locking and throwing in some break dancing moves too! Next was year 6 with their incredible dance of "Ego" street dancing dolls that had come to life. Safe to say it didn't scare us!

After this we had year 3 with "Everybody dance now". Everybody literally got up on their feet and danced the show away! Our fourth group were our youngest of dancers, year two with "Step up". The year 2 were little Diversity in the making. With everything they have achieved over the last few weeks, it was amazing to see them dancing in style. Our last group that came on and whisked us away were the year fives with "Jack Blue Jack and Ju Ju On The Beat". For the grand finales, everyone had learned the final routine, "Stop Drop". With everyone on their feet and dancing along, it was a successful night of dancing.

Well done to everyone who participated and thank you to everyone who came and supported us!



Park Run!

This year we have been trialling a Park Run! here at Curwen. Park Run has now been running for a few years and is free for everyone to participate in.

Every child from years 3 to 6 have run 1500m. In total, the school have collectively run 87.6km over 100 hours!

The children receive a numbered tag at the end of their race and are scanned alongside their name, which records their time live.

From **Wednesday 11th January**, we will be holding a school run at **8:10am**. This will be every Wednesday for those that attend breakfast club. **Please make sure that everyone who takes part need to wear trainers.**

If you would like to get involved, please visit www.parkrun.org.uk to find out more information and register yourself. There are hundreds of free runs for you to take part in.



Half term holiday club

Half term Holiday Club happened again this October half term with our school being open all 5 days. All the children from years 3-6 were able to take part in cooking sessions, various sport activities and a visit to the Olympic Park.

At the Olympic Park, the children go to visit some of the famous landmarks such as the Orbit and the newly furnished London Stadium where West Ham United are now based. They also got to visit the huge Timber Lodge Park and the rock climbing wall.

All the children had a fantastic time and enjoyed the entire week!

Look out for our next Half Term Holiday club that we will be hosting in February half term.



Events and activities coming up for 2017

Below is some key information on where you can find out about what is going on in Newham:

Us Girls programme - Ladies only Zumba session coming soon!

Us Girls is the fantastic female only programme for women aged between 14 - 25 years of age.

Our female instructors will ensure you have lots of fun, get fit and make new friends with our brilliant range of activities.

Join us at Stratford School Academy on

Monday 5 December at 3:30pm for **Community Free Ladies only Zumba session!**



For more information call the Customer Service Centre on 0300 124 0123.

It's free

Running in a parkrun event is totally free.

You don't pay to run, ever. And every event is organised by a group of local volunteers.

It's for everyone

Whether you're young or old, male or female, fit or unfit, able-bodied or not, you're always welcome.

It's not about racing, it's about running.

It's forever

So long as we have our fantastic volunteers and

backers to make it happen, our events will always be free and everyone will always be welcome!



Ladies! Try Cricket!

The University of East London SportDock are running FREE Ladies Cricket taster sessions. Run by a female coach who will provide a session for all abilities!

Wear any comfortable clothing and trainers and bring a drink. Come along and learn something fun, meet new people and improve your health and fitness!

You can either simply turn up or register via email: a.akram@uel.ac.uk

UEL SportsDock,

University Way,

E16 2RD

Tuesdays: 5.00pm - 6.00pm

Go Wild! Family Club

Children of all ages and their families and carers are invited to join the free Go Wild! sessions at East Ham Nature Reserve.

Have fun exploring the reserve and getting to know the wildlife that lives there.

You'll be able to build dens, make crafts, and play in the beautiful surroundings.

There will be the chance to learn about the different seasons, and the animals and plants that call the nature reserve their home.

Sessions take place on the 3rd Saturday of the month from 12.00pm - 2.30pm.

• **East Ham Nature Reserve, Norman Road, London E6 6HN**

• **Find out more information here or call the Customer Service Centre on 0300 124 0123**