

You have the opportunity to attend a residential trip in November this year.

The purpose of this trip is to support the outdoor pursuits section of the PE curriculum, developing your skills in different areas.





The trip will take place on a Thursday to Friday.

# Itinerary for the days they go:

8:45am - 8:55am = arrive at school as normal. Wearing non-school uniform (sensible clothes for doing an activity in - no jeans!)



10:30am ish we leave Curwen. We go on the underground train to Liverpool Street Station, then we go on the overground train to Cheshunt. YOU need to be able to carry / drag your own bags.

The train journey takes about 90 minutes in total.

When we get to Cheshunt, we store our bags / suitcases at the Youth Hostel and eat our lunch - you WILL need a packed lunch for the Thursday.

(School can provide this, but you will need to bring a bag to put it in.)

At 2:00pm we go to the Mariner's base, which is right next door to the youth hostel.

Here, you will do ONE of the outdoor activities - climbing, bell-boating or archery.





At 4:00pm we go back to the Youth hostel and can go into our lodges. Here we might shower and get changed.

At 5:00pm we have dinner. This is provided by the Youth Hostel and will either be meat, Halal or vegetarian.

After dinner, we all go to a common room and do a quiz together.



At 8pm we go back to our lodges and go to bed.

In the morning, you get dressed and pack your suitcases / bags.

We then have a cooked breakfast and cereal - again, supplied by the Youth Hostel.

(You can pick what they want to eat - but you must eat what you pick!)

Then we get given a packed lunch by the youth hostel - there is a choice of sandwiches, crisps and fruit for the children.

At 9:30am we go back to the Mariners Base and complete a different activity: bell-boating, archery or climbing. This means you will only get to do TWO of these activities.

We then eat our lunch at the Mariner's Base.

After lunch, we get back on the train and are back at school BEFORE 3:00pm.



# When are we going?

5L and 5B will be attending the trip on Thursday 10th November - Friday 11th November.

5T and 5C will be attending the trip on Thursday 17th November - Friday 18th November.

Children cannot swap between classes.

## Other important info

- -RAIN clothes / sun cream British weather is changeable!
- -Reusable water bottle to fill up MUST bring this!
- -2 pairs of trainers especially if it's raining
- -Children do fall in when bell-boating, so an extra change of clothes for this
- -Carrier bags to put wet / muddy clothes in
- -Pyjamas
- -Towel for shower shower gel / deodorant etc.
- -Sanitary products for girls
- -YOU MUST be able to carry your suitcases / bags and be able to pack / unpack them EASILY
- -Please do NOT lock any bags as we've had problems with children not knowing the number and we've had to break open suitcases
- -You do NOT need to bring any bedding / pillows etc.

## Cost

The cost of the trip will be £40 or £20 (if you are eligable for free school meals.) A letter with the correct amount for you to pay will be sent to you.

If you sign the letter to say you want your child to go, you enter into an agreement which says you will pay the £40/£20. We will therefore expect you to pay, even if you change your mind later.

You will be able to pay in installments through School Money to spread out the cost. Ideally, we would prefer any outstanding balances to be paid before the trip, but if this isn't possible please aim to clear these shortly after. If you are having trouble with payments please speak to myself or a member of the office staff.

# These letters will be given to you...

# Letter 1...

#### Together Everyone Achieves More

Atlas Road London E13 0A6 Executive Head Teacher: Mr Paul Harris Head of School: Mrs Kate Mansfield Tel: 020 8472 0290 Fax: 020 8503 5183 Email: info@curwen.ttlt.academy

5<sup>th</sup> October 2022

Dear Parents & Carers,

#### Year 5 Residential Visit to Cheshunt - November 2022 (5C and 5T)

We will be taking children in 5C and 5T on an overnight stay at the Cheshunt Youth Hostel Association from Thursday  $17^{th}$  November to Friday  $18^{th}$  November. The children will undertake two outdoor pursuit activities such as climbing, caving or bell-boating and stay overnight in a youth hostel. School staff will be accompanying the children throughout the stay. The cost of this trip is £40 or £20 (if you are eligible for Free School Meals). The travel arrangements and departure/arrival times are detailed below.

Thursday 9.30am – travel by tube/train to Cheshunt (come to school at normal time)
Friday 3.00pm – arrival back at school by tube/train (children to be collected at normal time)

What your child will need to bring:

#### Night time/Morning:

- Pyjamas
- ToothbrushToothpaste
- Deodorant
- Hairbrush
- Hairbrush
   Hair bobble
- A towel / shower gel

#### Old clothes for activities:

- · 1 long-sleeved T-shirt
- 1 jumper
- 1 pair of jogging bottoms / leggings (NOT jeans as these are very heavy when wet)
- Underwear (pants / socks / bra)
- · An old pair of trainers
- Carrier bags to put any wet clothes
  in

### <u>Change of clothes after</u> activities:

- Underwear (pants / socks / bra)
- 1 t-shirt
- 1 jumper (they might be a bit chilly after watersports)
- 1 pair of jogging bottoms / jeans
- A dry pair of trainers

Please also bring any asthma pumps / medication as needed CLEARLY LABELLED.

Children will also need a reusable water bottle, which they can keep refilling throughout the day.

Note: Children are  $\underline{\text{not permitted}}$  to bring any electronic equipment, including mobile phones.

If you would like your child to go, please complete the slip attached and return it to their class teacher <u>by Friday</u> <u>14<sup>th</sup> October</u>. We would like all year 5 children to attend if possible as this is a great opportunity for them to develop their confidence, resilience and relationships with their peers. Please be advised that by signing the attached form, you are agreeing to your child attending the trip and to paying a £40/£20 contribution.

Yours sincerely,

Mr Smale (AHT for UKS2)

# Letter 1 is for permission to attend

REPLY SLIP	
Year 5 Residential V	isit to Cheshunt - November 2022 (5C and 5T)
I would like my child Pursuits trip to Cheshunt from 17 <sup>th</sup> - 18	class to go on the Outdoor the November 2022.
I will collect my child from their classr	oom on Friday 18 <sup>th</sup> November at 3.15pm
My child will be home alone on Friday 18	3 <sup>th</sup> November at 3.15pm
I agree to pay £40 or £20 (if eligible t PLEASE DO NOT GIVE THIS MONEY	
Parent's signature	

# Letter 2...

## Curwen Primary School

Together Everyone Achieves More

Atlas Road London E13 OAG Executive Head Teacher: Mr Paul Harris Head of School: Mrs Kate Mansfield Tel: 020 8472 0290 Fax: 020 8503 5183 Email: info@curwen.ttlt.academy

DATE

Dear Parents and Carers,

Year 5 Residential Trip to Cheshunt - Contact and Medical Information

We are pleased that your child will be attending the residential trip to Cheshunt. In order to ensure that we have the correct contact details and additional medical/dietary information, I would be grateful if you could complete the form on the reverse of this letter. Please note: your child can only attend the residential trip if <u>all parts</u> of this medical form are <u>completed fully</u> and the form must be returned by 2222222222.

Please do not hesitate to speak to your class teacher if there is any further information you think is important.

Yours sincerely,

Child's full name:
Emergency contact information - Primary Contact
Name (capitals):
Relationship to child:
Phone number(s):
Emergency contact information - Secondary Contact
Name (capitals):
Relationship to child:
Phone number(s):
Registered doctor/GP details:
GP name:
Address:
Phone number:
Medical conditions:
Medical conditions /
allergies (inc. asthma):
Medication (name of it
and time of day taken):
Dietary requirements:
Halal Vegetarian Other

Year 5 Residential Trip to Cheshunt - Contact and Medical Information

Letter 2 is VITAL information we need in case your child has an accident. You MUST complete ALL of the information on this form.

All letters MUST be returned to your CLASS TEACHER, and NOT the office as they sometimes go missing in the office because they are very busy.

# Any questions?

