









Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Chicken Meatballs with Rice	Lamb Lasagne with Garlic Slice	Roast Chicken & Herby Stuffing with Roast Potatoes	Caribbean Chicken with Rice & Peas	Chicken Shwarma in Flatbread
Fish Choice	Fish pie	Sri Lankan Fish Curry with Basmati Rice	Fish of the Day with Roast Potatoes	Fish Patty with Rice & Peas	Fish Fingers with Chips
Vegetarian Choice	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles 	Veggie Keema With Rice & Naan 	Veggie Toad in the Hole with Roast or New Potatoes 	Cheese and Tomato Pizza 	Wholemeal Spinach & Ricotta Pasta Parcels 
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ripple Ice Cream Sponge Roll 	Apple Crumble served with Vanilla Ice Cream *  	Frozen Yoghurt served with Fruit Salad* 	St Clement's Cake*  	Belgian Style Waffle served with Fruit Salad 

Daily Options:

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

Vegetarian



Plant Based



Sugar Smart



* (Egg Free Dessert Recipe)



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Chicken Burrito with Coleslaw & Mexican Salad	Baked Sausages with Mashed Potatoes	Roast Chicken with Yorkshire Pudding with Roast or New Potatoes	Lamb & Vegetable Jollof Rice	Chicken Fajita with Chips
Fish Choice	Fish Finger Wrap with Jacket Wedges	Fish Curry with Rice	Tuna Melt Panini with Salad & Coleslaw	Tuna Pizza	Fish in Batter with Chips
Vegetarian Choice	Quorn Frankfurter Hot Dog with Jacket Wedges 	Moroccan Style Tagine with Couscous 	Cheese Flan with Roast Potatoes 	Chickpea & Potato Curry with Rice 	Macaroni Cheese 
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Fresh Carrots Green Beans
Dessert of the Day	Carrot Cake*  	Chocolate Sponge Slice served with Chocolate Custard  	Frozen Orange & Mango Smoothie* 	Peach Melba Crumble & Ice Cream *  	Jelly served with Summer Fruit* 

Daily Options:

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

Vegetarian



Plant Based

















Sugar Smart



* (Egg Free Dessert Recipe)



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice	Chicken & Spring Vegetable Bake with Mashed Potatoes	Piri Piri Glazed Chicken with Rice	Souvlaki Chicken with New Potatoes	Lamb Burger in a Bun with Jacket Wedges	Chicken Tikka Naan with Indian Style Salad & Yoghurt
Fish Choice	Tuna Pasta Bake	Fish Taco with Rice	'Fishwich' served In a Bun with Potato Salad	Fish Noodles	Fish Fingers with Chips
Vegetarian Choice	Quorn Fajitas 	Lentil & Vegetable Tikka Masala with Rice & Naan 	Veggie Spaghetti Bolognese 	Veggie Quesadilla with Jacket Wedges 	Veggie Sausage Roll with Chips 
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Fruity Flapjack*  	Banana Slice*  	Lemon & Lime Cheesecake*  	Chocolate & Pear Pudding*  	Summer Fruit Platter with Ice Cream * 

Daily Options:

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

Vegetarian



Plant Based



Sugar Smart



* (Egg Free Dessert Recipe)

