







CURWEN PRIMARY SCHOOL PLATINUM APPLICATION















About Curwen Primary School



Curwen Primary and Nursery School is a highly successful school, based in Plaistow within the London Borough of Newham. We provide an excellent education for children from the ages of 3 to 11 and are consistently amongst the top 10% of schools in the country. We

are very proud of our school and its many achievements and awards and believe that this is because we work in partnership with our pupils, families, staff and the local and wider communities as a TEAM.

Our P.E Vision

We provide a broad range of physical activities from Reception to Year 6 so that all pupils can develop their fundamental movement skills. All pupils in Year 1 - Year 6 have two hours of P.E allocated per week with additional Sporty / Active After School Clubs offered.

In Key Stage 1 pupils master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination (ABC's).

In Key Stage 2 pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.

These fundamental skills will be developed through teaching Gymnastics, Dance, multi-skills and Games.

In Year 4 pupils will visit Stubbers Outdoor Adventure Centre, then in Year 5 they stay overnight at Lee Valley Water Sports Centre, culminating with Year 6 visiting Fairplay

House for three days / two nights. Exciting activities such as Caving, Orienteering, water sports and High Ropes help improve Teamwork, Communication and build self-esteem.

We enter a variety of Competitions and Festivals throughout the Year. We aim to give all pupils the opportunity to represent their school in at least one competition each year and all pupils will have the opportunity to experience INTER and INTRA Competition as they progress through the School.



Question 2: Please describe how you support exit routes for your young people into community activities:

Curwen Primary School is proud of the variety of activities that we offer our pupils during P.E and after school. From Dance to Dodge ball, Cycling to Sailing, Outdoor Adventurous Activities to American Football our offer is diverse and enriching. At the start of each year we ask the pupils what sporting activities they are interested in and more importantly what Clubs they attend outside of the school day. High percentages do not attend any sporting clubs, not because they don't want to but due to a lack of parental support, financial difficulties or cultural challenges. One hour of a P.E lesson is devoted to completing a short questionnaire and then searching the website to identify local clubs or providers that may offer what they require. The P.E Team will promote local clubs and activities through fliers, advertising in the school newsletter and promoting on the school website throughout the year and host a stall of activities during parent's evenings. Below are four short examples of how we have provided clear exit routes into community activities.

Make a Splash



In 2013 Curwen School secured funding to erect a mobile swimming pool in the playground for 12 weeks. During that time the whole school from Year 6 – Reception had weekly swimming lessons. After School top up lessons were offered along with adult lessons and fun splash sessions. The pool proved so popular that the School Council and

PTA petitioned the Head Teacher to get the pool back and in 2015 the pool returned for another 12 weeks. The impact of this initiative has been that when questioned a high percentage of our pupils have continued with swimming lessons in their local pools or list swimming as a preferred past-time.

SchoolsRun

In 2016 Curwen School was asked to pilot SchoolsRun, a Park Run initiative to get pupils more active. 450 unique runners from Years 6, 5, 4 and 3 have been joined by staff in over 40 runs since November 2016. Some have since taken part in their local Park Run on a Saturday morning with their family and signed up to the numerous fun runs that are held in the Olympic Park.



PACE Martial Arts Academy

In 2014, Mr Cameron introduced Martial Arts to pupils and parents during Family Week. The response from both was that great that in April of the same year the PACE Martial Arts Academy started at the School. Initially as an After School Club, demand soon grew and PACE started their Club on a Tuesday night from 5.00pm – 7.00pm.

Mr Cameron said "The challenges faced to start off with, were the boundary setting for students. But as the weeks went on they became more knowledgeable of what was expected of them, and thrived to succeed and be the best they can be."



"The school helped fund the cost of some of their highlighted vulnerable children, which helps support families. In relation to the vulnerable children it helped provide them with the necessary skills and coping mechanisms to deal with situations in school and everyday life."

Sixty four pupils from Curwen
Primary School now attend PACE
lessons that run on a Tuesday and
Thursday evening from 5.00pm – 7.00pm.

AMPLITUDE GYMNASTIC CLUB

Natasha from Amplitude began supporting P.E lessons at Curwen in 2015 through the Cumberland School Sports Partnership. As the relationship grew Natasha started to deliver After School Clubs which soon progressed to Amplitude starting a Monday night Gym Club from 5.00pm – 7.00pm. The Club now boasts a membership of 86 with 54 pupils attending from Curwen. The Club now runs Monday, Wednesday and Friday evenings, delivers a Holiday School programme and will be supporting Curwen in delivering a Gymnastic Competition in November 2017.



Jennie Jordan (YST Development Manager) said in 2017 when visiting Curwen School to evaluate their YST Gold Kite mark application "What a wonderful place you work in. Your desire to achieve more for the young people through PE and School Sport is evident throughout the whole school."

Curwen Primary School prides itself on the work that it has done with its Special Educational Needs (SEND) children. By supporting our SEND pupils in P.E lessons they have become more confident, more resilient and importantly more independent. We now have a Paralympic Scheme of work that all pupils access and additional swimming lessons have continued for our SEND pupils who now attend numerous sporting trips and competitions.







t Curwen, we are committed to the continuous development of our sports programme, both within lesson times and as part of our extended schools agenda. As detailed in the report, our PE team are proactive in developing links within the community and encouraging pupils to develop interests and passions which they are then supported to pursue. By offering such a range of 'open to all' as well as targeted sporting opportunities, we aim to increase participation rates and aspirations in all of our pupils. Furthermore, the structure and social side of participating in different sporting activities helps pupils to regulate their emotions and behaviour, which has a positive impact on their learning in more academic lessons. For pupils who are struggling socially and that we target for specific activities, we have seen hugely positive impact on their emotional well-being and self-esteem. Alongside a comprehensive list of sporting opportunities during the school day, before and after school, we also schedule annual whole school events which showcase pupils' achievements. This includes 'Carnival' as part of our International Week, where pupils from Nursery to Year 6 choreograph and perform dances to hundreds of parents, and Sports Days which involve all pupils across the school.

Kate Mansfield

Acting Head of School

Curwen Primary School